

The Wessex Road Club on behalf of South DC present:



Wessex Road Club 50 mile Time Trial 2023



**incorporating the South District Championship
and VTTA Wessex Championship**



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.



Headquarters

Lytchett Matravers Village Hall, High St, Lytchett Matravers, Poole BH16 6DF. Open from 5.45am for registration.

Printed copies of the start sheet will be available for collection, along with race numbers. There are toilet facilities available.

Event Secretary

Paul Dytham
26 Queens Road, Blandford Forum, Dorset DT11 7JY
07775 637568
pauldytham@hotmail.com

Time Keepers, Marshals and Volunteers

Time Keeper: Ros Spencer

Signing On & Off: Willie Kirkland, Anne Kirkland

Marshals: Members and friends of the Wessex Road Club and Poole Wheelers

Unfortunately there will be no pusher off at the start this year.

Prizes

	1st	2nd	3rd
Men (TT Bike)	£20	£15	£10
Women (TT Bike)	£20	£15	£10
Men (Road Bike)	£20	£15	£10
Women (Road Bike)	£20	£15	£10
Veteran (Target)	£20	£15	£10
Juvenile	£20		
Best improver	£20		
Fastest no last 3 years time	£20		
Fastest Team	£10	£10	£10



In the interests of your own safety

Fire Station at Holes Bay roundabout: Please note that the Poole fire station is situated with access on to the Holes Bay roundabout controlled by emergency traffic lights. In the unlikely event of these lights being activated riders MUST comply. Should any rider fail to do so he/she will be disqualified and South DC will be advised.

Riders are advised to take particular care at the Tower Park roundabout, where there is a right turn and potentially fast traffic approaching from the right.

Instructions to riders

- Observers may be in attendance along the course;
- Riders must not make U-turns in the vicinity of the Start and Finish;
- This is a residential area please give consideration to local residents;
- NO warming up on the course;
- Your attention is drawn to the following CTT regulations:
 - Regulation 14(j) - **Front light** & Regulation 14(j) - **Rear light**. No competitor will be allowed to start without a working front and rear light, either flashing or constant, fitted to their machine in a position clearly visible to following road users and active whilst the machine is in use;
 - Regulation 15 - **Helmet**. All competitors MUST wear a hard/soft shell helmet that meets internationally accepted safety standards;
 - Regulation 20 - observance of the law;
 - Regulation 21 - paced and company riding.

Parking

Please use the large car park at the headquarters. There is no parking at the start or finish.

Prize Presentation

If you can, please stay for the prize presentation, which takes place as soon after the finish as possible.



Course details – P417

START at drain cover in acceleration lane to A35, 85 yards east of Pikes Farm junction.

Proceed east on A35 to straight over (2nd exit) at Bakers Arms roundabout (1.02m).

Straight over (2nd exit) at Holes Bay roundabout (4.56 miles). B3049

Bear left (filter lane) at roundabout. B3049

Circle and retrace (4th exit) at Canford Way / Dorset Way roundabout (7.26 miles). B3049

Straight over (2nd exit) at Holes Bay roundabout (10.05 miles). B3049

Straight over (2nd exit) following A35 at Bakers Arms roundabout (13.60 miles).

At Bere Regis, right (2nd exit) at first roundabout, straight over following A35 (2nd exit) at second roundabout (20.83 miles).

Follow A35 to Troytown, where fork left down slip road to right (3rd exit) at small roundabout (27.85 miles).

Follow underpass to rejoin A35 eastbound.

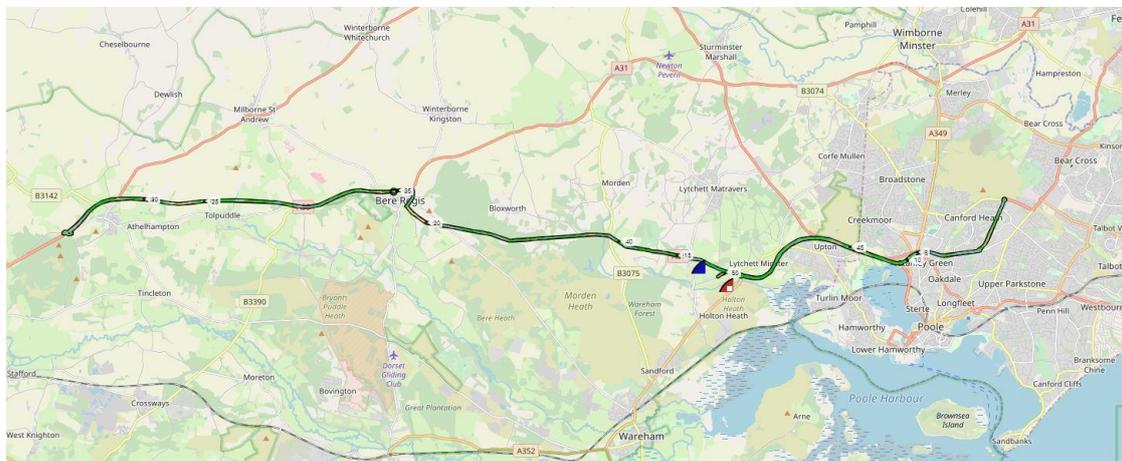
At Bere Regis, straight over (2nd exit) at first roundabout (35.17 miles) then left (1st exit) at second roundabout, following A35.

Straight over (2nd exit) at Bakers Arms roundabout (42.36 miles).

Circle and retrace (4th exit) at Holes Bay roundabout (45.93 miles).

Straight over (2nd exit) at Bakers Arms roundabout then shortly fork left (sp Organford) on minor road to

FINISH at electricity sub-station.

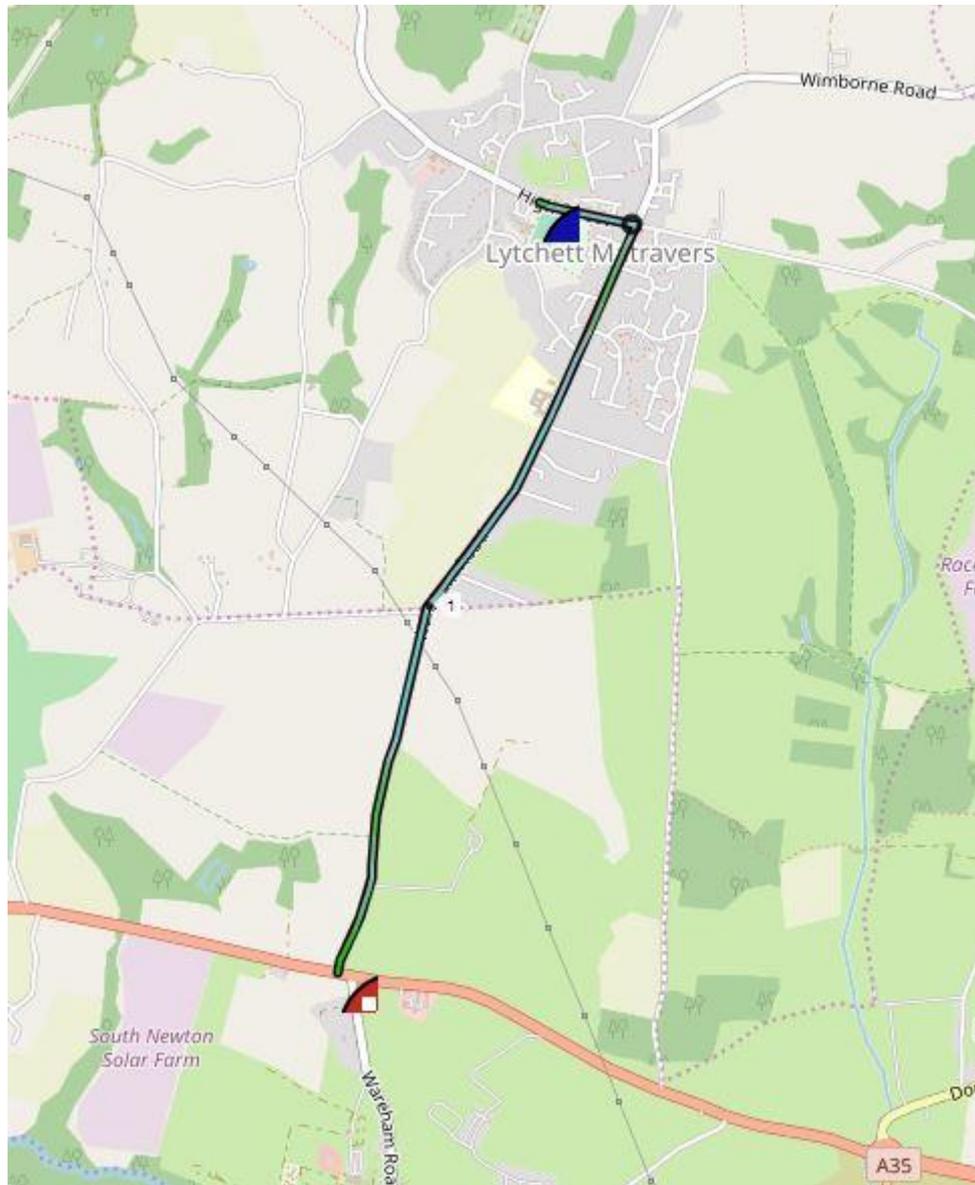


<https://www.strava.com/routes/18511996>



Safe route to start (Allow approx. 10 mins)

Turn right out of HQ into High Street, right again at Rose & Crown public house to junction of A35 (1.7 miles)

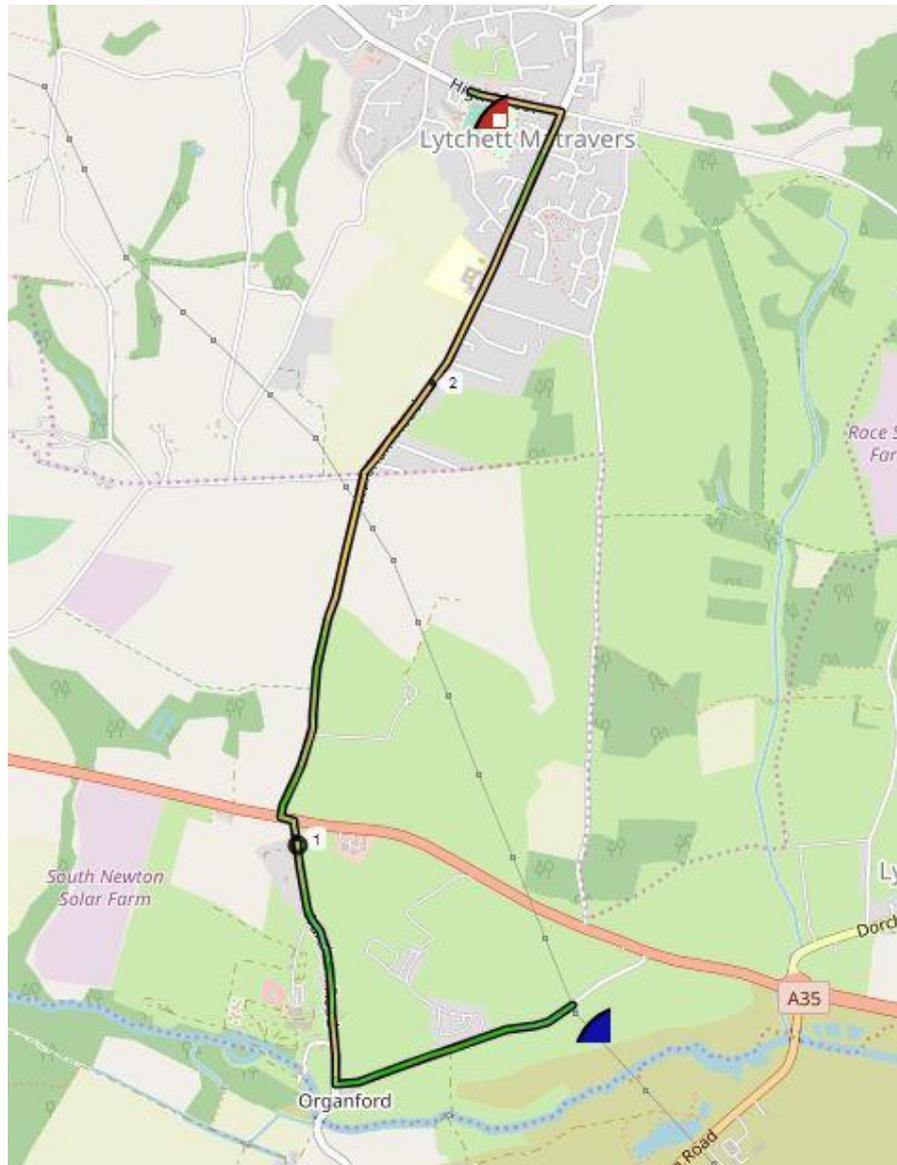


<https://www.strava.com/routes/19032996>



Safe route to HQ from finish

After the finish, continue to end of lane, turn right to A35 cross roads, straight across with care and retrace outward route (2.8 miles).



<https://www.strava.com/routes/19033023>



No.	Start	Firstname	Lastname	Club	Gender	Category	VTTA Wessex Championship
1	06:31	Rufus	King	Poole Wheelers Cycling Club	Male	Juvenile	
2	06:32	George	Terry	Poole Wheelers Cycling Club	Male	Juvenile	
3	06:33	Catherine	Ronzitti	CC Weymouth	Female	Senior	
				Gillingham and District Wheelers /			
4	06:34	Christopher	Mullett	Wheels Cycles	Male	Senior	
5	06:35	Gary	Tuskin	Poole Wheelers Cycling Club	Male	Veteran	
6	06:36	Gary	Chiverton	Bournemouth Jubilee Whs	Male	Veteran	
7	06:37	Lauren	Falconer	Poole Wheelers Cycling Club	Female	Senior	
8	06:38	David	Gray	Axe Valley Pedallers	Male	Veteran	
9	06:39	Lee	Chalk	Poole Wheelers Cycling Club	Male	Senior	
10	06:40	Michael	Akers	New Forest CC	Male	Senior	
11	06:41	Terry	Belbin	Poole Wheelers Cycling Club	Male	Veteran	
12	06:42	Chris	Booth	Army Cycling	Male	Senior	
13	06:43	Paul	Ramsay	CC Weymouth	Male	Veteran	
14	06:44	Alexander	Luisi	Bath Cycling Club	Male	Senior	
15	06:45	Matthew	Bacon	Ridgeway Riders	Male	Veteran	
16	06:46	Stephen	Skinner	Velo Club St Raphael	Male	Veteran	
17	06:47	Rich	White	Podium Addict	Male	Senior	
18	06:48	Tom	Carter	Wessex Road Club	Male	Senior	
19	06:49	Laura	Daly	FTP (Fulfil The Potential) Race Team	Female	Senior	
20	06:50	Oliver	Edwards	Wessex Road Club	Male	Senior	
21	06:51	Mark	Jacobs	Podium Addict	Male	Senior	
22	06:52	Mathew	White	CC Weymouth	Male	Senior	
				Gillingham and District Wheelers /			
23	06:53	Gary	Francis	Wheels Cycles	Male	Veteran	
24	06:54	Patrick	Mahon	Poole Wheelers Cycling Club	Male	Veteran	
				Gillingham and District Wheelers /			
25	06:55	Vincent	Housome	Wheels Cycles	Male	Veteran	
26	06:56	Simon	Dearden	Royal Navy & Royal Marines CA	Male	Senior	
27	06:57	Tommy	Blake	Loughborough Students Cycling Club	Male	Espoir	
28	06:58	Emma	O'Toole	DHC (Districts of Hamwic Cyclesport)	Female	Senior	
29	06:59	Matt	Blythe	Poole Wheelers Cycling Club	Male	Veteran	
30	07:00	John	Hyde	Velo Club St Raphael	Male	Veteran	
31	07:01	Nathan	Willmington	CC Weymouth	Male	Veteran	
32	07:02	Gary	Trudgett	Poole Wheelers Cycling Club	Male	Veteran	
33	07:03	William	Sawyer	Velo Club St Raphael	Male	Veteran	
34	07:04	Giles	Heaman	CC Weymouth	Male	Veteran	
35	07:05	James	Horton	Wessex Road Club	Male	Senior	
36	07:06	Les	Pick	Poole Wheelers Cycling Club	Male	Veteran	
37	07:07	Stuart	Thompson	Velo Club St Raphael	Male	Veteran	



No.	Start	Firstname	Lastname	Club	Gender	Category	VTTA Wessex Championship
38	07:08	Alexander	Fortune	Army Cycling	Male	Veteran	
39	07:09	Stuart	Peckham	Velo Club St Raphael	Male	Veteran	
40	07:10	Noah	Miller-Pipe	Poole Wheelers Cycling Club	Male	Senior	
41	07:11	Gary	Lock	New Forest CC	Male	Veteran	
42	07:12	Tim	Flynn	Poole Wheelers Cycling Club	Male	Senior	
43	07:13	Dave	Dent	GS Stella	Male	Veteran	
44	07:14	Steven	Pink	Poole Wheelers Cycling Club	Male	Veteran	
45	07:15	Matthew	Buckley	Velo Club St Raphael	Male	Senior	
46	07:16	Tom	Clements	Wessex Road Club	Male	Veteran	
47	07:17	Andrew	Rivett	Velo Club St Raphael	Male	Veteran	

